What exactly are we Teaching in Physical Education- The Case of the Syllabus for the Learners with Intellectual Disability in Kenya

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Syllabi provide the guide on what is being taught at schools. The main objectives of the syllabus are derived from the national goals of education. This allows for consistence so that learners from one end of the country is taught the same basic concept as another learners from the different end of the country. It provides the teacher with direction on what should be taught when and how deeply the teacher should cover topics. Is this the case for learners with intellectual disabilities? This study went out to interrogate the syllabus for learners with intellectual disabilities. There are 44 schools for Mentally Handicapped learners. Data was collected from 31 schools. It was discovered that 64.58% of the learners did not adhere to the syllabus. A look at the syllabus indicated that there were some major anomalies that led to this lack of adherence. The syllabus was created for recreation and leisure yet it is supposed to serve physical education and a host of other issues. The objectives set out for learners with intellectual disability take cognizant that these learners need to provide human capital for the society by being independent. Need to do basic editing of the document. Need for the document to be evaluated.

Key Words: Syllabus, Intellectual disability, Physical education